Lexington Activities Calendar anuary

2 Senior Center



TUESDAY

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Bingo 10:00 AM Bean Bag Toss 12:00-2:00 PM Indoor **Walking Club** 12:30-4:30 PM Rook 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30 PM Fitness Room Orientation 2:30-4:30 Mahjong Club Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail**

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY 12:00-2:00 PM Indoor **Walking Club** 1:00-4:00 PM Bridge Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail** 2:00-4:00 PM Legal Aid

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM **Dancercize** 11:30 AM-1:00 PM Café Trivia

12:00-2:00 PM Indoor **Walking Club** 1:00-4:00 PM Canasta Book Exchange, Puzzles, Games, Cards **Outdoor Walking Trail**

8:00-4:30 PM Billiards

12:00-2:00 PM Indoor

1:00-4:00 PM Canasta

Outdoor Walking Trail

8:00-4:30 PM

Fitness Room

Dancercize

9:30-10:30 AM

Walking Club

Book Exchange,

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM Fit-Wise 12:00-2:00 PM Indoor **Walking Club** 11:30 AM-4:30 PM Table Tennis 12:30-4:30 PM Rook Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail**

FRIDAY

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY 9:00-11:30 AM Computer 1 9:30 Bean Bag Toss 12:00-2:00 PM Indoor

Walking Club 1:00-4:00 PM Crafter's Circle 1:30-2:30 PM Yo-Chi Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00 AM-11:00 AM Blood **Pressure Checks** 9:30-10:30 AM Bingo 10:00 AM Bean Bag Toss 12:00-2:00 PM Indoor **Walking Club** 12:30-4:30 PM Rook 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30 PM Fitness Room Orientation Book Exchange, Puzzles, Games, and Cards

Outdoor Walking Trail

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY 9:00-11:30 AM Computer 1 12:00-2:00 PM Indoor **Walking Club**

1:00-4:00 PM Bridge Book Exchange, Puzzles, Games, and Cards

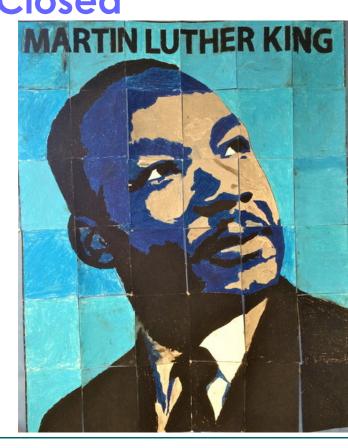
Outdoor Walking Trail

13

7:30-8:30 AM Men's Breakfast 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM Fit-Wise 9:00-11:30 AM Computer 1 12:00-2:00 PM Indoor **Walking Club** 11:30 AM-4:30 PM 2:00-3:00 PM Book Club **Table Tennis** 12:30-4:30 PM Rook Book Exchange, Puzzles, Puzzles, Games, Cards Games, and Cards

Outdoor Walking Trail

16 Senior Center Closed



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8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Bingo 10:00 AM Bean Bag Toss 12:00-2:00 PM Indoor **Walking Club** 12:30-4:30 PM Rook 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30 PM Fitness Room Orientation 2:30-4:30 PM Mahjong Club Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail** Food and Nutrition Services and Medicaid (by appointment) Massage Therapy (by appointment)

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8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY 9:00-11:30 AM Computer 1 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Bridge Book Exchange, Puzzles, Games, and

Outdoor Walking Trail

12

8:00-4:30 PM Billiards 8:00-4:30 PM **Fitness Room** 9:30-10:30 AM **Dancercize** 9:45-10:45 AM NC Senior Tar Heel Legislature Program 12:00-2:00 PM Indoor **Walking Club** 1:00-4:00 PM Canasta 2:00-4:00 PM **Senior Singles** Book Exchange, Puzzles,

Games, and Cards

Outdoor Walking Trail

20

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM Fit-Wise 9:00-11:30 AM Computer 12:00-2:00 PM Indoor **Walking Club** 11:30 AM-1:30 PM **Table Tennis** 12:30-4:30 PM Rook Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail**

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8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY 9:00-11:30 AM Computer 1

9:30 Bean Bag Toss 12:00-2:00 PM Indoor **Walking Club** 1:00-4:00 PM Crafter's Circle 1:30-2:30 PM Yo-Chi Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail**

24

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Bingo 10:00 AM Bean Bag Toss 12:00-2:00 PM Indoor **Walking Club** 12:30-4:30 PM Rook 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30-4:30 Mahjong Club 2:30 PM Fitness Room Orientation Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail**

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Cards

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Bridge Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail**

26

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM **Dancercize** 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Canasta 2:00-4:00 PM Cup **Painting** Book Exchange, Puzzles,

Games, and Cards **Outdoor Walking Trail**

27

8:00-4:30 PM Billiards 8:00-4:30 PM **Fitness Room** 9:00-10:00 AM Fit-Wise 12:00-2:00 PM Indoor Walking Club 11:30 AM-4:30 PM Table Tennis 12:30-4:30 PM Rook Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail**

30

8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY 9:30 Bean Bag Toss 12:00-2:00 PM Indoor **Walking Club** 1:00-4:00 PM **Crafter's Circle** 1:30-2:30 PM Yo-Chi Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail**

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8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Bingo 10:00 AM Bean Bag Toss 10:45-11:45 AM 4 Ever Fit 12:00-2:00 PM Indoor **Walking Club** 12:30-4:30 PM Rook 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30 PM Fitness Room Orientation Book Exchange, Puzzles, Games, and Cards **Outdoor Walking Trail**



